

Calvary Church will be providing weekly a church-wide study each Wednesday evening during the Lenten season starting on Wednesday, March 4. Our Lenten Study will focus on five essential spiritual practices rooted in Jesus' own walk with God. Join us this Lent as we draw on the recent work of Adam Hamilton a popular author and lead pastor of the United Methodist Church of the Resurrection in Leawood, Kansas. Hamilton is the author of *The Walk: Five Essential Practices of the Christian Life.* Jesus called disciples with a simple invitation: "Come, follow me." Those who wish to follow Jesus Christ today may not follow the footsteps of Jesus in the sand and dusty road, but we can follow him by taking up the spiritual practices and "holy habits" that he observed and commended to others.

We'll discover five essential spiritual practices rooted in Jesus' own walk with God. Each session will focus on one of these practices—its New Testament foundation, practical suggestions and the potential effect each can have on our personal lives and our lives together as the church.

Adam Hamilton's book, *The Walk: Five Essential Practices of the Christian Life* will be made available for purchase for \$14, but the book is not required for the study. *Everyone will be provided a free copy of the* prayer journal that goes with this study as well as handouts for each session.

A meal will be offered each Wednesday at 6:00 PM. This is a great time for fellowship and sharing with others. Donations will be requested to offset the cost of each meal.

Each program will involve a presentation to the whole group as well as table discussion and individual reflection. Rev. Larsen and Rev. Sullivan will share in leading the sessions.

Continue on page 2

Format:

6:00 PM Gathering, blessing, meal, fellowship time (optional)

7:00 PM Program

8:00 PM Conclusion and Going Forth

Sessions:

Wednesday, March 4 Worship and Prayer: A Living Halleluiah United Methodist Men providing the meal

Wednesday, March 11 Study: Listening and Paying Attention United Methodist Women providing the meal

Wednesday, March 18 Serve: Here I Am, Send Me Meal provided by La Paz Restaurant.

Wednesday, March 25 Give: Where Your Treasure Is Soup, Salad, Sandwiches – 7th Street Café

Wednesday, April 1 SHARE: Going Fishing, Sharing Light Fried Chicken, vegetables and salad from Giant-Eagle

<section-header><text><text>

Coffee Host Needed in 2020:

We all enjoy our coffee and donuts and social time that follow early church. Please consider volunteering for one or two Sundays a year as a host. Host are needed for the following dates: April 19, June 14, August 2, 9, 16, 23, 30, November 15, December 20, and 27. The task is simple and you can make lots of people happy. Call the church office at 301-662-1464 or send an email to office@calvaryumc.org if interested.

Please contact Donna Loeb at 301-787-4331 or Connie Scoggins at 217-840-9045

March Worship Schedule

We begin the season of Lent with Ash Wednesday on February 26. There will be a service of prayers, message and holy communion along with the imposition of ashes. This service is a call to focus on our relationship with God in Jesus Christ as we prepare for Holy Week and Easter. The worship services throughout the season draw upon the Common Lectionary Sunday scripture readings that are read by many churches and Christian communities.

Feb 26 Ash Wednesday.

A service of Holy Communion with the imposition of ashes.

- 12 noon Chapel
- 7 PM Sanctuary
- Mar. 1 First Sunday in Lent Holy Communion at communion rail Genesis 2:15-17 and 3:1-7 Matthew 4:1-11

- March 8 Second Sunday in Lent Begin Daylight Saving Time Genesis 12:1-4a, John 3:1-17
- Mar. 15 Third Sunday in Lent Sermon Title: Steps and Stages Exodus 17:1-7, John 4:4-42
- March 22 Fourth Sunday in Lent UMCOR Sunday, UMCOR Offering. 1 Samuel 16:1-13, John 9:1-41
- March 29 Fifty Sunday in Lent Ezekiel 37:1-14, John 11:1-45





Thank you all for your gracious welcome back!

I have a little shameless self-promoting to do now that I'm back! We were able to publish a sequel to our last book of devotions, We Pray for Her: Encouragement for Women Who Lead, called Speaking Truth: Women Raising their Voices in Prayer.

From our publisher:

This book is women joining together to speak and act in new ways in response to the increasing challenges of our day. This book offers to all women the sustenance needed to face blatant racism, bigotry, sexism, heterosexism, and xenophobia in the world and in the church. The writers of *Speaking Truth* greet these challenges knowing that the Good News of Jesus Christ is bigger than any societal ill and that God has called us to play a part in God's work of transformation.

When we pray together and act together, we claim a new vision for how things can be - a vision God gives us through Scripture. We can support both ourselves and other women as we learn to find and claim our voices and end the silences imposed upon us.

I am really proud of this book! And to bring it to life for us here at Calvary, we will have an afternoon We Pray with Her retreat on Saturday March 21 from 1-5. Come join us for food and fellowship, and some time to pray and write our own prayers!

Rev. Shannon Sullivan



Calvary's Community Concert Series



presented by the Music and Arts Ministry of Calvary United Methodist Church

Meraki Piano and Clavinet Nuo

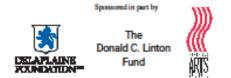
Sunday, March 15, 2020 3:00 p.m.

doors open at 2:30

Calvary United Methodist Church 131 West Second Street Frederick, MD 21701

This concert is free and open to the public!

Don't miss Meraki, a dynamic piano and clarinet duo founded by Dr. Elizabeth G. Hill. Dedicated to bridging cultures through music, the program will feature their 2019 Consortium Commission piece, "Be Still My Child," by Anthony R. Green, as well as a newly commissioned work, "Heloha Okchamali" (Blue Thunder) by Jerod Tate, and other pieces by Horovitz and Whitmarsh.



Concert dates are firm at the time of posting and rarely change, but changes or cancellations by the artist/group and/or inclement weather may happen due to circumstances beyond our control. Changes will be posted at www.calvaryumc.org/concerts.

Visit www.calvaryumc.org/concerts for information on these upcoming events:

Sunday, March 19, 2020, U. S. Air Force Heritage Winds Quintet Sunday, April 26, 2020, Michael Adcock, pianist



UMCOR SUNDAY – SPECIAL OFFERING (MARCH 22)

We read or watch on the news and see communities overwhelmed by natural disaster. We hear about humanitarian crises arising from civil unrest and war. We know that famine and drought are caused by climate change and see in our own community signs of food insecurity. And, of course, when we are also in the midst of our own suffering, it is hard to see beyond our own needs to help someone else.

It can seem like too much. How could we possibly make a difference? How can our limited resources make a dent in the seemingly never-ending need of the world? We begin to shut out the reminders of suffering. We become blind. We willfully ignore the great needs of our siblings in Christ. But the reality is that as followers of Jesus Christ, we are called to respond with extravagant grace. Just as Jesus invited the disciples into the work saying, "We must do the works of him who sent me."

Through the United Methodist Committee on Relief (UMCOR), we can make a difference in the lives of communities and individuals whose lives have been upended by storms, wars, climate change, and displacement. UMCOR builds on the strengths of what is already available in a community and actively involves the people affected in recovery efforts. One of the wonderful aspects of The United Methodist Church is that we can do so much more together than we ever could do on our own – and through our connection UMCOR has been doing this for 80 years.

Special envelopes will be available at the church or you can simply indicate "UMCOR" on the memo line of your check.

Dear Calvary family,

As many of you know, I returned home safely in January from my Mission of Peace to India. It was the experience of a lifetime, largely made possible by the generous donations you all contributed in funding and prayers. I am so grateful to have such a giving, supportive community surrounding me. For those of you who would like to know a little more about my journey, I've written a little bit about it below.



I left the United States on December 28 and arrived in Hyderabad on December 30. Hyderabad is a city located in central southern India, with a population of over 10 million people. It is home to a thriving technology industry and beautiful monuments like Charminar, a centuries-old mosque whose name means "Four Pillars."



My favorite experience in Hyderabad was our seminar on Christian-Muslim relationships at the Henry Martyn Institute. It was extremely eye-opening and gave us the opportunity to visit the nearby Islamic School of Hyderabad, where we saw bright young students studying the Qur'an.

On January 4, we traveled to Mangalore, a coastal city located in south India. Mangalore is very scenic and much less dense than Hyderabad in its population and infrastructure. During our time here, we visited several schools and factories. My favorite experiences took place during

an overnight visit to Coorg, a mountainous area just south of Mangalore. The evening that we arrived, we went to a Buddhist temple, and as soon as I walked inside I knew I was in the presence of God despite the temple being of another religion. It was an incredible feeling.

The other experience that struck me was our stop at Dharmasthala, a Jain temple, on our way back to Mangalore the next day. Jainism is a religion similar to Hinduism, and we were honored to be able to meet with the leader of the Jains (equivalent to the pope of the Catholic Church), Dr. Veerendra Heggade. Heggade sees thousands of people each day requesting aid for families, communities, and organizations. He also oversees the feeding of between 30,000 and 50,000 people each day at Dharmasthala, all of different backgrounds and walks of life.



After the rest of our stay in Mangalore, we went to Delhi. Delhi is home to approximately 30 million residents and is comprised of both New and Old Delhi. New Delhi is the capital city of India. In Delhi, we visited hospitals, slums, schools, churches, and the India Islamic Cultural Centre. We also made a day trip to Agra to see the Taj Mahal.

There are so many more details I would love to share about this trip, so please feel free to approach me with any questions about it. I will also be scheduling a time in the upcoming months to speak to you at the church in more depth.

Shalom,





Prayer Shawl Ministry Nears Goal!

About 20 years ago, Rev Kathryn Woodrow, who was then serving as Calvary's associate pastor, suggested that a prayer shawl ministry could become a vital outreach for our church. Some of us, all women to date (but men and youth would be warmly welcomed!), answered her call and are to this day knitting and crocheting beautiful shawls. The purpose of our group is to provide shawls to anyone who might be in need of comfort for whatever reason. Before the shawls are given, they are passed around our circle and each member says her own silent prayer over each shawl. Recipients of these shawls are "strangely warmed" and seem to benefit from their comfort and shelter. You can find the shawls on the shelving unit in Parish Hall. Please feel free to take one or more to give to friends/neighbors who might enjoy having one. We do ask that you sign the register on the shelf with the minimal required information.

Here's the thing! At our next meeting on March 7, we expect to bless our FIVE HUNDRETH SHAWL!! That is a whale of a lot of stitches and a notable landmark for us.

We invite you to join us on the first Saturday of most months (we take the summer off) at 10:00am in the John Wesley room at church. Our group fluctuates in number from 3 to 8 and we always welcome newcomers. Here is an opportunity to quiet your mind and soul and produce visible signs of God's love.

Ginger Ward

Notes from the Trustees

The exterior lights in the parking lot have been repaired. We anticipate work on the Library will begin the week of March 16th. Please feel free to help yourself to the books on the shelves marked "FREE". Finally, shortly you should see scaffolding on the outside of the church, in the vicinity of the bell tower, as the leaks in the grouting and masonry are being repaired.



How is a Christian life lived? There are many scripture verses that give guidance, advice, examples and a lot of "what-not-todo's" to live a holy Christian life. Paul's letter to the Thessalonian Church can be a good place to start to develop a deeper meaning to your life lived as a Christian.

"Make it your ambition to lead a quiet life, to mind your own business and to work with your hands, just as we told you, ¹²so that your daily Life may win the respect of outsiders and so that you will not be dependent on anybody." 1 Thessalonians 4: 11-12

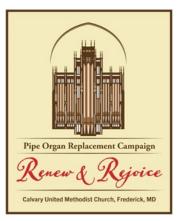
Living a "quiet life" does not mean being a recluse or living in an anti-social state. Nor does it mean becoming a hermit or monk. What it means is to live a day-to-day life that supports the kingdom of God and doing deeds that help your neighbors who are in need; it means living in an attitude of service and humility. It means giving words of encouragement that reflect the good news. It means conducting yourself in opposition to sin met in the world. We are called to tell others about God's word, his promises made, his acts of blessings to man and his nature as reflected by Jesus Christ. There are no trumpets or parades that call others to see you – but a quiet life lived in service to God's will.

To "mind your own business" is to tend to your own needs and the needs of those in your care. The needs of neighbors who are poor in body and spirit is also your business. Minding your own business is not imposing your will upon others. Minding your own business causing others harm. It too, is acting with humility and remembering whose world this is and who claims the people of this world.

Paul valued honest work, he was a tent maker, and he told the Thessalonians the working with your hands of good value. It precludes idleness, it secures a means to earn financial support, and it allows you to have the means to give to the poor. We work in this world to support ourselves and our families. God, in his blessing of us, gives us the means to earn to meet those needs. God calls us to be productive in our lives and to give back to him our first fruits of our labor – this giving back is the way we can serve the poor.

Paul says doing all this will have a positive impact on our neighbor. They will see and experience the goodness we reflect that comes from God. We do these things so that others may become disciples to Christ and believers in the way of God, so that they too may gain the promises made.

Organ Update



What's happening with the Organ Campaign?

In mid-November, the active phase of the Renew and Rejoice Pipe Organ Replacement Campaign was concluded and we entered the fulfillment portion of the campaign which will continue until the end of 2022. As of the end of January, the campaign has raised over \$900,000 in pledges and \$350,000 has been received and deposited in organ fund accounts. A Campaign Fulfillment Committee has been created that will continue to communicate with contributors as well as raise additional funds for the organ campaign from a variety of sources over the next two and half years.

What steps have been taken to build a new pipe organ?

An Organ Building Committee has been formed to investigate options, work with organ building companies and come up with a plan and timeline for a new organ. This Committee will provide different scenarios for consideration by the Church Council. These plans will be shared with the congregation as they become available.

When is the estimated start date for building the new organ?

This will be determined by the Church Council based on the recommendations of the Organ Building Committee, the cost of the new instrument, the health of our current pipe organ and the funds available for the project. There is no estimated starting date at this time.

How do I give to the campaign?

-If you already receive offering envelopes in the mail from the church, envelopes labeled "ORGAN FUND" are included in the packet. The envelopes also available in the pews and on the table in the narthex for this purpose.

-You can also simply write a check for the organ fund and include it in your regular offering to the church. Please make the contribution with a separate check and write "ORGAN FUND" on the memo line. (This makes it easier for the counters to record and deposit each contribution to the correct fund).

-If you prefer to give electronically, you can set this up with your bank or complete an ACH form available from the church office. You can also make contributions to the organ fund via direct transfer from IRA Required Minimum Distribution to Calvary UMC. You can also contribute through a gift of appreciated stock. Please contact Bob Jacobs, Financial Secretary for more information. (bobjacobs@calvaryumc.org or 301-662-1464.



A Pilgrimage along the Camino Frances from St. Jean Pied-de-Port to Santiago

Have you ever thought of yourself as a Pilgrim?

Here is you opportunity to **Step Out** of your comfort zone and **Look In** your heart and spirit.

Rev. Steve Larsen will be organizing a group to walk to the Santiago de Compostela, a popular pilgrim route for over the last 1000 years and one of the most important religious structures in the whole of Spain. The trip includes several days of walking as well as touring several locations by motor coach.

This would be a two-week trip in June of 2021.

Our trip advisor is David Petrucci who

has traveled to Spain for the last four years, covering 1500 Camino Miles, walking over 1250 miles.

SAVE THE DATES – Learn more about it

We will have two presentations about this Pilgrim trip for those who wish to learn more on Sunday, March 15 at 5:00 p.m. and Sunday, March 29 at 1:00 p.m. Each of these sessions will take place in the church Parlor. This will be your opportunity to ask questions and learn more about this exciting trip.

To learn more, contact Rev. Dr. Steve Larsen (301-662-1464)

Happy St. Patrick's Day from the Calvary Weekday School Last month we partnered with Calvary's Life Ministry to help with collecting

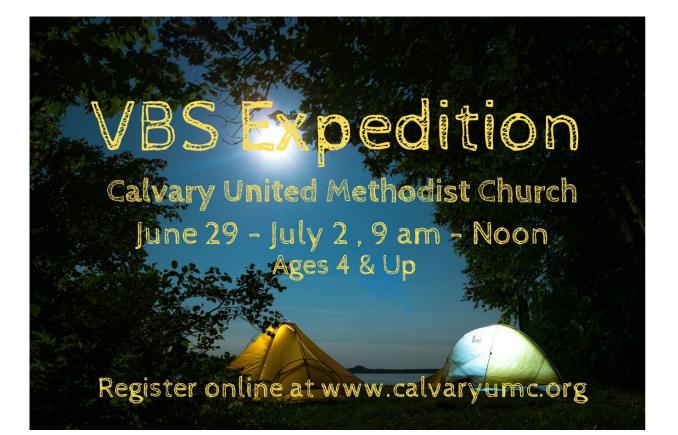
Last month we partnered with Calvary's Life Ministry to help with collecting raisins and crackers to fill the Love Bags for the shut-ins. We were overwhelmed by the generosity from the families at our school. We are also working with Birthright in downtown Frederick to collect new or opened diapers as well as new baby wipes. If you would like to join us, please bring your donations over to the school.

We are super excited this month to be partnering with Frederick County 4-H with a program called School House Chicks. It is a hand-on embryology program where schools are provided with the materials and eggs to offer a 28 day embryology (baby chicks) experience in the classroom. The teachers will receive lesson plans and resources along with all the materials needed. The students will learn about life cycles and whole grains used to feed the chickens. We are so lucky to have this opportunity for the students at our school.

At the end of the month, we will attend another Preschool Fair at the Walkersville Library. We are filling up fast which is great news for the 2020-2021 school year.

We hope this month brings lots of luck to your families. We are certainly lucky to be a part of the Calvary Weekday School!

Earrach Sona! (Happy Spring!) Patty Lockard, Director



March Birthdays

1, Rev. Ken Humbert, Mason Leber, Grant Weedon, 2, Rebecca Hall, Finley Melhorn, 3, Georgina Engler, Blake Rust, Taylor Selby, Susan Witmer, 4, Rebecca Acklin, Taylor MacDonald, Franklin McKnight, 5, Jeff Rosen, 6, Emily Harris, 7, Casper Cline, Doug Manger, Shannon Rust, 8, Lou Finneyfrock, Linda Warehime, 9, Anna Bidinger, Tom Burall, Mari Beth Schmersahi, 10, Ethan Mueller, Emily Sewell, 11, Morgan Grossnickle, 12, Betty Brewer, Andrew Farner, Dr. Rev. Ray Moreland, Amelia Mueller, Gregory Pfister, Patrick Stalnaker,



14, Amy Kulesa, 15, Matthew Cline, Steve Loss, 16, Reed Keirn, Nancy Manthey, Lauren Reilly, Abigail Waskey, 17, Raymond Crum, Zachary Heller, Sydney Willis, 19, Seth Kraham, Brady Pond, Amanda Stokes, 20, Aiden Rankin, Lu Stewart, 22, David Paugh, Jeffrey Ramsburg, Stephanie Schmersahl, 23, Carroll Doggett, Thomas Kellam, 24, Catharine Chapman, Patrick Chapman, Constance Mason, Bradley Stone, 25, Marjorie Johnson, Bobbie Parson, Donald Shipley, 26, Gail Colby, Cassie Kraham, Paul Muehl, 27, Judith Finneyfrock, Jennifer Kinsey, 28, Sarah McGarity, 29, Linda English, Paige Willard, 31, Molly Anderson, Lorraine Davis, Aubrey Greaves, Sharon Green, William Harris, Carrie Pure



March Anniversaries

Gary and Paula Coffman	March 3
Tom and Linda Mullineaux	March 7
Jeff and Brandy Adam	March 11
Gerald and Sandra Palmer	March 12
Shane and Monica Wickline	March 24
Bill and Beth Waskey	March 25
Pete and Judith Allen	March 31



Every Sunday Every Tuesday		sday	
8:30 am Worship & Children's Church	10:00 am	Pastor's Bible Study	
9:45 am Sunday School for all ages	6:00 pm	Gentle Yoga-Parlor	
11:00 am Worship	6:30 pm	Dinner Theology	
12:30 p. Children's Choir	6:30 pm	Joyful Noise Hand Bells	
5:30 pm-7:30 pm Youth Group	7:30 pm	Sanctuary Choir	
	Every Wednesday		
	6:30 pm	Men's Bible Study	
	7:00 pm	Open Prayer	

March Youth Schedu	le	
March 1	Youth Group	5:30 p.m7:30 p.m.
March 8	Youth Group	5:30 p.m7:30 p.m.
March 15	Youth Group	5:30 p.m7:30 p.m.
March 22	Youth Group	5:30 p.m7:30 p.m.
March 29	Youth Group	5:30 p.m7:30 p.m.

Meetings this Month:

VIM Planning Meeting for the July 26– August 1, 2020, Eastern North Carolina Mission Trip, Sunday, March 15 at 6:30 p.m. in the John Wesley Room. If you are interested, please contact Dave and Pat Herber.

The Wesleyan Circle meeting will be held at Betsy Bryant's home on March 17, 2020 beginning at 1:30 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wheelbarrow1	2 7:00 SPRC	3 11:15 UMW Ex. Committee 1:00 Staff Meeting	4 6:00 Lenten Dinner 7:00 Lenten Study	5 6:30 Kitchen Committee	6	7 9:30 WRS Bell Peal 10:00 Prayer Shawl
8	9 7:00 Trustee	10	11 6:00 Lenten Dinner 7:00 Lenten Study	12	13	14 8:00 UMM Breakfast 9:30 Church in Society
15 3:00 Concert 5:00 Pilgrimage 6:30 VIM Planning Meeting	16 7:00 Finance	17 1:00 Staff Meeting 1:30 Wesley- an Circle at Betsy Bryant	18 6:00 Lenten Dinner 7:00 Lenten Study	19	20	21
22 6:30 Mission Possible Kids	23 7:00 Church Council	24	25 6:00 Lenten Dinner 7:00 Lenten Study	26	27	28
29 1:00 Pilgrimage	30	31			lare	ch

Calvary United Methodist Church 131 W. Second Street Frederick, MD 21701 301-662-1464 Non-Profit Organization US Postage PAID Frederick, MD 21701 Permit No. 52

Calvary United Methodist Church seeks and invites all to become disciples of Jesus Christ for the transformation of our community and our world.



UMM Breakfast Saturday, March 8 8:00 a.m.-9:30 a.m.

Table of Contents......

Lenten Study	1-2
Worship Schedule	3
From Rev. Shannon	4
Calvary Concert Series	5
UMCOR Sunday	6
Elizabeth Anderson Trip	7
Prayer Shawl	8

Stewardship	9
Organ Update	10
Pilgrim .Trip to Spain	11
WDS/VBS	12
March Birthdays/Anniversaries	13
Every Week/Youth	14
March Calendar	15