

What does it mean to be a disciple of Jesus Christ? A *disciple* is a follower or student of a teacher, leader, or philosopher. To be a *disciple of Jesus Christ* is to set out on the path to follow Jesus and become more and more like him, especially when it comes to how we relate to God and one another.

The church plays a big role in Christian discipleship. We learn what it means to follow Jesus Christ by being in community with other disciples. In this community of faith, we see how others love and so we might choose to be loving.

October 2023



We are inspired by the example of those who have lived each day with the hope and trust we wish to have ourselves. We receive encouragement and guidance from the faithful who are a little further down the path of discipleship. And here, in this community of less than perfect people, we also learn what it is to recognize our own brokenness and sin and the forgiveness and renewal that God can provide. The church is a place where God brings together all sorts of people so that they may find abundant life in Christ.

There are at least five main pathways that have over and over again been found to be helpful in the process of Christian discipleship. Following each pathways can enable persons to feel closer to God in Christ. They can bring a sense of purpose and identity to our life. Each is helpful in itself but taken together these five pathways are even more better.

The five pathways are:

Worship and prayer Serving God and Serving Others

Learning and study Generosity and Giving

Sharing faith/Witness

The idea is that we grow and mature and develop over time. Our spiritual life is not to be static or stagnant. We should not expect our spiritual life to always be the same. Instead we are always involved in becoming more and more like Christ so that who were yesterday is not the same as we are today and who we will become will be different, in some ways, than who we are today. That's what John Wesley called, "going on to perfection." We will be exploring each of these pathways in the worship services this month. I hope you will join us in person or online as we follow after Jesus Christ.

Grace and peace,

Rev. Steve Larsen

## October Worship

Oct. 01 World Communion Sunday.

Worship and prayer

1 Peter 2:2-10, Psalm 84:1-12

Oct. 08 Mission Sunday. Worship at the usual time, 10 AM.

Serving God and Serving Others

James 1:19-27, John 13:1-17

Time with the Children: Angela Mayer

Oct. 15 Rev. Ken Humbert, preacher/worship leader

Oct. 22 Keep It Growing

Acts 2:37-42. Matthew 7:24-28

Faithful growth through study and sharing with others

Oct. 29 All About Love

Matthew 22:34-46 and 1 Thessalonians 2:1-8



### **Exploring Membership Class**

Persons wishing to learn what it means to be a follower of Jesus Christ or interested in becoming a member of Calvary United Methodist Church are invited to take part in an Exploring Membership class on Sunday morning, at 9 AM on **Sunday October 22 and 29.** We will meet in the Parish Hall. Pastor Steve Larsen will lead the class to consider the history and purpose of the church and look at what it means to have a vital and growing faith today. For more information, contact Pastor Steve Larsen at the church at 301-662-1464 or RevSteve@calvaryumc.org.

Missions

Sunday

### **Mission Sunday coming October 8**



Once again, we will have a hands-on mission project in the Parish Hall running on a Sunday morning, 9 AM to noon. On Sunday, October 8, the Parish Hall will be transformed into a Mission Site and we will package

10,000 meals with our partner, Rise Against Hunger."

You can learn more about this at <a href="http://events.riseagainsthunger.org/CalvaryUMC2023">http://events.riseagainsthunger.org/CalvaryUMC2023</a>.

You don't have to go faraway or give up a week of your time to offer your hands and heart to God through serving others.

We are making this easy for everyone. This will be the 4<sup>th</sup> time we have done this event and the last one was a rewarding and fun event for everyone who took part. There is a job suited for everyone. It requires hands to measure and package different food items. No heavy lifting required, you can sit, and it allows you to get to know others while working. We hope to have folks come and offer about 90 minutes of time anywhere between 9:00 AM and noon that day.



### **Church Conference Monday, October 23**

The Church Conference is the annual meeting where the church reviews its ministries and celebrates its connection with the larger United Methodist Church. This year we will be holding the conference here at Calvary United Methodist Church at 7:00 PM. Agenda items include: election of new persons in leadership roles, report of the pastor, approval of the compensation package for the pastor and action on those members who have become inactive.

The Church Conference meeting is open for all members of Calvary Church but particularly the voting is members of the Church Council.



# Seasons

Autumn! We made it! Hooray! After the hottest summer in recorded history on planet earth, we've *finally* arrived at this new season, hopeful it represents a new day. *Seasons*. A word worth our time to contemplate, and to pray over. Maybe play with (meaning: to look and explore with, to examine, like a child with a toy, finding new possibilities).

Many of us are familiar with Ecclesiastes.

For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die; a time to plant, and a time to harvest; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to cast away stones, and a time to gather stones together; a time to embrace, a time to refrain from embracing; a time to seek, and a time to lose; a time to keep, and a time to cast away; a time to rend, and a time to sew; a time to keep silence, and a time to speak; a time to love, and a time to hate; a time for war, and a time for peace.

What's NOT said here is that seasons are not merely inevitable, they are chosen. We don't get to pick autumn, winter, spring or summer (our part in climate change notwithstanding). But we Do get to change season of the soul by

our choices, our faith, our trust, our lives. SO I invite us all to choose our seasons well.

May we choose to make this the season of birth.

Planting. Healing. Building. Laughing.

Choose to dance, to gather, to embrace. ... To

be silent. To speak up. To love. To make peace.

Let us understand that this is *our* Season of the Soul. Even Jesus would say, Amen!

-Rev. Ken Humbert



## Greetings from the Calvary Weekday School!

Fall is in the air! Thanks to all who joined us for our first fundraiser at Chick-fil-A. We will keep you posted when we schedule the next one. Café Bueno will be Jan. 24th and May 8th if you want to mark your calendars now. Students and staff had individual pictures taken last month by Irvin Simon. This also serves as an easy fundraiser for our school. Last year we raised enough money through our fundraisers to purchase tech carts, new easels, and new furniture for the classrooms. We were able to donate any usable materials we had to Centennial Early Learning Center located on 2nd Street. It feels great to share with another school community.

We are happy to announce a partnership with Frederick SLP located in downtown Frederick. Their office is within walking distance of our school. Frederick SPL will provide speech screenings, evaluations and articulation services for our students. We will host an informational meeting on October 6<sup>th</sup>.

On October 11th, we will have a Coffee Chat for all new and returning Parent Volunteers. We are so fortunate to have so much support for our school.

This month the classes talked about fire safety and we had a visit from the fire department. The students loved seeing the fire engines and learning from Captain Donovan and his crew.

Off to the pumpkin patch at the end of the month!

Patty Lockard, Director

# **Children's Ministry News**



*Children's Sunday School* has started back up for Preschoolers – 5<sup>th</sup> Graders. We meet every Sunday in the Activities Room of the Education Building for Bible Learning, songs, games, crafts and more! Visitors are always welcome! Register at <a href="https://www.calvaryumc.org">www.calvaryumc.org</a>

Children's Church meets in the Chapel during the 10:00 worship service for children in Kindergarten through 5<sup>th</sup> Grade. Children's Worship Bulletins are provided, and children are encouraged to play or color quietly while listening to the service in the "Big Church". If you would like to sign up to volunteer as an adult leader for Children's Church, please use this link: <a href="https://www.signupgenius.com/go/10C0949ACAD2FABFBC61-childrens">https://www.signupgenius.com/go/10C0949ACAD2FABFBC61-childrens</a>



If no adult leader is available for Children's Church, children are welcome to continue down the hall to the Nursery. Children's Worship bags are also available in the Narthex to be used during the service and returned.



Veggie Tale Movie Night for October will be held on Friday, October 20 from 6:00 – 7:30 pm in the Activities Room of the Education Building. Join us for pizza, a movie, discussion, a craft and more! Wear your pajamas and bring a blanket if you'd like! Please register by contacting AmyStone@calvaryumc.org.





**Mission Possible Kids** is for kids in Kindergarten through 5<sup>th</sup> Grade who want to help others and make a difference in the world! This month, **MPK** will participate with other members of Calvary's congregation in the *J. Ray Frank Memorial Crop Walk for Hunger* on **Sunday, October 22 at 2:00 pm**. Please register and/or donate for this important mission at <a href="https://events.crophungerwalk.org/2023/team/mission-possible-kids">https://events.crophungerwalk.org/2023/team/mission-possible-kids</a>

Please contact AmyStone@calvaryumc.org for more information and to order a Mission Possible Kids t-shirt.



### **GAMES! SNACKS! TREATS! CRAFTS!**



Trunk or Treat will take place on Saturday, October 28 from 4:00 – 6:00 pm in the Parking Lot and in the Parish Hall! Please contact <a href="mailto:AmyStone@calvaryumc.org">AmyStone@calvaryumc.org</a> by October 22 if you are interested in decorating a car trunk or sign up in the Parish Hall. In addition, please let us know if your family will be able to participate!



God calls us to care for widows, orphans and aliens (outsiders). We know this goes beyond those named; today we expand those named to all who are in need, physically and spiritually.



As Called, our spiritual goal is to live in holiness. We are

holy when we give beyond ourselves to those in need. This giving that is more than what and who we are is the Spiritual gift of generosity.

There are those among us who we see and examples of this gift of generosity. From their acts of joining in leadership, contributing their time and talents to serve others, generous financial gifts and many other ways, if we "see" we can know them, appreciate them and want to be like them. We are motivated by their acts as the early Christian church was in Acts.

We certainly have noticed the food wheel barrow at the door of the Parish Hall. Somehow food items grow in number each week to be delivered to the Frederick Food Bank. There are generous people giving out of their own pantry and people to collect and deliver. The people who receive these food items may be the ones touched by the Holy Spirit as they see our generosity and become generous themselves. Jesus addressed this concept of generosity in the parable of the goats and sheep.

The same effect of widening circles is seen in the Sleep in Heavenly Peace ministry. This is a new ministry at Calvary, developed in the last few years. This ministry, with Calvary volunteer craftsmen and craftswomen has provided 40 beds to children and youths who were sleeping on floors, couches or in the "family" bed. Over 40 Calvary members and friends have cut wood, sanded and stained, drilled and screwed together is teams in generosity. They are living a holy and generous life.

We are all gifted with an attitude of generosity. It is innate in us because we are made in the image of God and God has breathed his Spirit into us. The Holy Spirit leads, urges and convicts us to follow the way the Jesus exampled to us. This is part of our Christian growth in faith, to increasingly give of yourself to those in need, directly by hands on acts or indirectly through you supporting the church.



### **New CUMC Logo Gear!**

Calvary United Methodist Church is proud to announce our new logo gear with a brand-new look! The Mission Committee wants to share that we are a caring congregation with our Hearts and Hands in Service. It was time for a change in our logo items with a fresh new color as well as new items including caps in three color choices, aprons and string bags in addition to t-shirts. On Oct. 8<sup>th</sup>, Mission Sunday, everyone will be able to purchase the new items at cost. T-shirts will be available to order in your size. This new color scheme will bring a fresh look for our Congregation's use as we showcase CUMC throughout the year. Other items will be added to the selection down the line, but for now be sure to check these out Oct 8<sup>th</sup> on Mission Sunday.

Please pay by cash or check
Check should be made out to Calvary UMC

T-Shirts-\$10 Aprons- \$10 Caps- \$10 String Bags- \$3





Calvary UMC 131 W 2nd St Frederick MD 21701 2 pm

https://events.crophungerwalk. org/2023/event/frederickmd



Come ... follow ... see ...

These action verbs were among the first of Jesus' comments to those who would become his disciples, as recorded in the Gospels by Mathew, Mark, and John. Was it not to his earthly mission from God to which Jesus was calling those early followers, a mission of mercy and justice as recorded in Luke 4:14-21?

In last month's newsletter article on church and society, I focused on the importance of planning in God's ministry, an activity in which even God was engaged, it seems, throughout the periods of time to which the Scriptures are dedicated. God had plans for the ancient Hebrew nation to be a light to all nations, plans that would not be fulfilled until his Son Jesus would model the way through his life, death, and resurrection.

We all know from our personal life experiences, however, that even the best made plans can often go for naught if there is no follow through by us, let alone when the plans can best be fulfilled by the participation of others. There is an old maxim in organizational leadership that goes: "When planning for others, do it through others!" In other words, a sense of personal ownership of plans enhances the likelihood of their fulfillment. And that sense of ownership can be enhanced in turn by direct participation of one form or another in carrying out the plans.

Isn't this what happened with the followers of Jesus, those who responded to his callings of "come, follow, see?" The Book of Acts and the letters to the first century churches bear witness to those early disciples' efforts to carry out God's eternal plan for humankind through the teachings and modeling ministry of Jesus. Today, Jesus invites us to respond likewise to his calling in whatever capacity we are able. Our Mission and Outreach Ministries Team will keep us informed of the various opportunities through which we might serve, loving our neighbors in need, and thereby sharing God's love and grace for all.

In one of last month's sermons, Pastor Steve reminded us of God's calling of Moses to lead the Hebrew nation out of captivity. Though Moses was reluctant to become so involved, God was with him to guide and encourage him in that mission. So it is by our faith that the Holy Spirit of God will be with us in whatever endeavor we undertake in his name. "Come, follow, see," Jesus calls us today.

Paul D. Nelson, Church & Society Ministries

# Music Notes

# September at a Glance

September 3<sup>rd</sup> during worship: We were delighted to hear our young talent Savannah Muehl sing "Standing on the Promises" during our service.

Photos by: John Mitchell





Photo by: Joyce Summers

September 10<sup>th</sup> concert in the afternoon: **The Knotwork Band kicked off Calvary UMC's 2023-2024 Community**Concert Series and they were so much fun as they performed Celtic folk music! These great musicians entertained an audience of more than 150.



September 17<sup>th</sup> during worship: **We were delighted to host** *The Trinity Brass* ensemble. They played beautiful arrangements of "Down to the River to Play",
"The Lord's Prayer," and also a medley based on hymns featuring texts by Charles Wesley.

Photo by: John Mitchell

The children's choir together with the adult choir sang the prelude during our September 24<sup>th</sup> worship service. Welcome to the newest members of the Children's choir: Ellori and Camden Webster.

Photo by John Mitchell

#### Save the Dates in October!!



### Sunday, October 1st at 3:00 pm at Calvary Sanctuary - Concert

The music of France has been an integral part of the life of the saxophone since the first piece was written for the instrument. Ms. Walsh will present both historic French repertoire originally written for the saxophone and charming arrangements for saxophone and piano which have become welcome additions. The program will include works by Debussy, Ravel, Fauré and Maurice.



Maureen Walsh, Classical saxophonist

Tuesday, October 10 from 6 p.m.-8p.m. HANDBELL WORKSHOP in the Bell Room.

Larry and Debbie Henning, the outstanding Westminster Ringers music directors are coming to Calvary to lead a Handbell workshop which will provide fabulous opportunity for beginners, intermediate or advanced ringers.



Debbie and Larry Henning are the co-founders of Westminster Ringers, Inc, a professional community handbell ensemble. From learning to ring as young Christians to directing church groups and community groups, they have over 90 combined years of experience with handbells. By attending their workshop, you will learn healthy ringing techniques and how you can take the notes on the page and make beautiful music.

All are welcome to participate or observe.

Please contact Adela with any questions: adela@calvaryumc.org

Sunday, October 29 at 5:00 pm at the Evangelical Lutheran Church in Downtown Frederick: 31 E Church St, Frederick, MD 21701

<u>Bachtober Festival</u>. This is a community event open to choirs at Frederick. Anthems and Chorales sung by many singers will be performed accompanied by strings, organ and harpsichord. **Our Sanctuary Choir will participate** in this all J. S. Bach program. You are invited and welcome to attend to hear this glorious tribute honoring Bach.

Thank you to the Calvary congregation for your continued support of the Frederick Food Bank. Week after week we collect your donated items from the wheelbarrow and deliver to the All Saints Street drop off. Although the requests vary month to month, there is always a need for our continued support of this community outreach. With the temperatures getting cooler and the leaves beginning to fall, it is time to "fall into giving to the Food Bank". For the next few months, the food bank is in need of the following items:

Fruit Cups Rice

Granola Bars Canned soup

Applesauce Cups. Canned Vegetables

Jelly. Canned Meats

Peanut Butter. Cereal Tuna. Pasta

Nitra Grain Bars. Oatmeal Packets

Hygiene Products:

Body wash. Shampoo Toothpaste. Deodorant



Next time you walk past the wheelbarrow in the Narthex, feel free to pick up a "shopping list" of the food bank requests.

We thank you for your support!

Roy and Julie



### **Youth Group October Schedule:**

October 1 5:30 p.m. Elections, Games and Mission Trip Planning

October 8 Mission Sunday, no evening Youth Group

October 15 5:30 p.m. Movie Night- bring your blankets and wear your P.J.'s

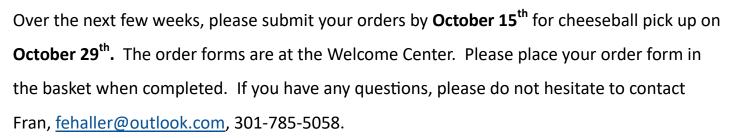
October 22 2:00 p.m. CROP Walk- no evening Youth Group

October 29 5:30 p.m. Pumpkin Carving and S'mores



#### YUMMY!!!

The famous CUMC Cheeseballs are back for the Christmas Holidays!





Thanks to you, crafting has begun for the church bazaar and hands are flying!! There is always room for more hands and ideas. Mark your calendar, **Mondays 9:30am** to **12pm** and **Wednesday 7:00pm** to **8:30pm**. We look forward to seeing you!

Becky Isaacs, mikbecki@comcast.net, 301-639-5377



Have any festive **ties** that you are no longer using? Well..... the crafting group has a home for them. We are looking for reds, greens, ivory or a mix of Christmas colors or patterns to be used to make a craft. There is a box on the stage marked ties.

Are you tired of seeing the **pinecones** laying around in your yard? Fear not, the crafting group has a use for them. Just bring them in, large or small and put them in the box on the stage marked pinecones.

As always, thanks again for your help and support to make our Holiday Bazaars successful!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wheelbarrow	2	3	4	5	6	7
9.m. Sunday School 10 a.m. Worship 11:15 a.m. Choir 3 p.m. Concert 5:30 p.m. Youth Group		10 a.m. Bible Study 1:30 p.m. UWF Ex. Com. 6:30 p.m. Joyful Noise 7:30 p.m. Sanctuary Choir	6:30 p.m. Men's Bible Study	5:30 p.m. The Birthing Group		9:30 a.m. Westminster Ringers Peal Bell
Mission Sunday 8	9	10	11	12	13	14
9 a.m. Sunday School 10 a.m. Worship 11:15 a.m. Choir 5:30 p.m. Youth Group		10 a.m. Bible Study 6 p.m. Workshop (Bells) 6:30 p.m. Joyful Noise 7:30 p.m. Sanctuary Choir	6:30 p.m. Men's Bible Study			7:30 a.m. Men's Breakfast
15	16	17	18	19	20	21
9 a.m. Sunday School 10 a.m. Worship 11:15 a.m. Choir 5:30 p.m. Youth Group		10 a.m. Bible Study 1:30 p.m. Wesley- an Circle 6:30 p.m. Joyful Noise 7:30 p.m. Sanctu- ary Choir	6:30 p.m. Men's Bible Study		4 p.m. Wedding Rehearsal 6 p.m. Veggie Tale Mov- ie	1 p.m. Wedding
22	23	24	25	26	27	28
9 a.m. Sunday School 10 a.m. Worship 11:15 a.m. Choir 2 p.m. CROP Walk	7 p.m. Charge Conference	10 a.m. Bible Study 6:30 p.m. Joyful Noise 7:30 p.m. Sanctuary Choir	2 p.m. Miriam's Circle 6:30 p.m. Men's Bible Study	6 p.m. Making Cheese Balls		1 p.m. Memorial Service Robert Sacoman 5 p.m. Trunk or Treat
29	30	31				
9 a.m. Sunday School 10 a.m. Worship 11:15 a.m. Choir 5 p.m. Choir Event 5:30 p.m. Youth		10 a.m. Bible Study 6:30 p.m. Joyful Noise 7:30 p.m. Sanctu- ary Choir	Children's	s Choir Rehearsal—So	unday's at 11:15 a.m	

### **Birthday List**

- 1, Terre Rhoderick, 2, Erica Shipley, Bethany Webster, 3, Julian Pearce, Patricia Pettingall
- 4, Bob Cannon, David Carter, Ann Crum Gloria Orrison,
- 5, Allison Chapman, Carol Fennington, Megan Reilly, Carol Stockhausen, Daniel Valentin-Morales
- 6, Isam Ballenger, 7, Stuart Austin, Timothy Caudill, Laken Daugherty, Kay Jacobs
- 9, Jennifer Aud, David Colby, 10, Ellen Ahr, Grace Heller, Jean Oxley
- 11, Jacob Lefwich, 12, Brady Adam, Reagan Kinsey, Ginger Ward
- 13, Larry Johnson, Charlotte Miller, 14, Gracie Mayer, Christopher Miller
- 15, Sarah Austin, Ian Vega,
- 16, Andrew Keirn, Elizabeth Putman, Lucas Putman, Adell Remsberg, Deni Remsberg
- 17, Kayleigh Adam, Tom Stokes, 18, Andrew Crum, Georgia Riggleman
- 19, Barbara Burke (104), Kevin Davies, Jonah Miller, 20, Courtney and Melinda Keirn
- 21, Betsy Bryant, Taylor Fox, Vivian Lukasiak, Carla Martz, Ryan Mills, 22, Thomas Mills
- 23, Scott Engler, Lynn Schumacher, 24, Nancy McLaughlin, 25, Joan Cooley
- 28, Angela Mayer, Samantha Shipley, 29, Marla Rowley, Barbara Stone
- 30, Christine Bowersox, Rachel Gray, Caroline Sunderman, Paul Van Sant

### **Anniversary List**

Rob and Audra Chewning	October 1	Brian and Rebecca Forsythe	October 9
John and Jennifer Esler	October 16	Art and Carol Fennington	October 17
Paul and Christy Quigley	October 17	Stephen and Stefanie Harris	October 18
Paul and Cyd Maubert	October 20	Bob and Kay Jacobs	October 28
Mike and Melissa Gaeta	October 31		

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Calvary United Methodist Church seeks and invites all to become disciples of Jesus Christ for the transformation of our community and our world.

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