

HEART AND HANDS IN SERVICE

Ministry Guide

Groups and Activities

SANCTUARY SERVICE AND COFFEE HOUR

ACOLYTES

A youth acolyte assists in the Sunday Church Service performing ceremonial duties such as lighting Altar candles. Children and youth interested may go to Calvary's website to sign up using *Sign Up Genius*.

LEADER: STEPHANIE HARRIS
 Phone: 301-639-7376

WHERE & WHEN: CUMC SANCTUARY, SUNDAYS 10-11AM

ALTAR COMMITTEE

Prepare the Altar and Chancel for worship, including uncovering all silver, placing flowers in vases, candlesticks in candle holders, removing plastic coverings from the Pulpit & Lectern, placing bulletins at the pulpit, lectern, organ and acolyte chair. Set up to be completed by 9:30am Sunday. Activities done in reverse after the service. First Sunday of the month Communion elements are arranged per Pastor's directions. Baptismal set up may also be required on occasion.

LEADERS: BONNIE STRINE
 Phone: 301-606-8634
 bellstrine@aol.com

MARY CRUM
Phone: 301-695-9109
crum.mary.k@gmail.com

WHERE & WHEN: CUMC SANCTUARY, SUNDAYS 9-9:30AM

USHERS

Duties include meeting and greeting on Sunday mornings, passing out bulletins, collecting the offering and on Communion Sundays, directing the congregation to the Altar. Ushers usually usher every 3-4 months for a month at a time and can volunteer for Easter and Christmas holidays.

LEADER: DAVE MILLS
 Phone: 301-606-8849
 dacmills78@gmail.com

WHERE & WHEN: CUMC ENTRANCE TO SANCTUARY, SUNDAYS BEFORE AND DURING SERVICE

COFFEE HOUR HOST

Pick up donuts, creamer and milk from Giant Eagle, already ordered and paid for by CUMC. Set up donuts and creamer by 8:45am to be available before Sunday School Classes. Monitor during 11am coffee hour, clean-up at 11:30am. Greatly appreciated by all who attend. Sign up on CUMC *Sign Up Genius*.

LEADER: MARGIE WILDE
 Phone: 301-524-5450
 skywilde@comcast.net

WHERE & WHEN: CUMC PARISH HALL, SUNDAYS 8:45-11:30AM

ADULT BIBLE STUDY & SUNDAY SCHOOL

PASTOR'S BIBLE STUDY

Acquiring a better understanding of the Word of God, using Old & New Testament readings and related materials including relevant books and current topics. Sharing fellowship, prayer, announcements and personal concerns.

LEADER: **REV. DR. STEVE LARSEN**
 Phone: 301-848-8216
 revsteve@calvaryumc.org

WHERE & WHEN: CUMC LIBRARY, TUESDAYS 10-11AM

MEN'S BIBLE STUDY

Study the Scriptures as God's Word and guidance. Includes reading, discussion and discernment of the texts and their application to living a Holy Life. Books of Christian themes used to understand topics in depth.

LEADER: **BOB JACOBS**
 Phone: 301-662-1464
 bobjacobs@calvaryumc.org

WHERE & WHEN: CUMC, WEDNESDAYS 6:30PM

OLD-TIMERS & NEW-COMERS BIBLE CLASS

Discussion of thematic issues discussed in Scriptures. Study guided by Pastors and other Bible scholars' publications. See Sunday bulletins for current discussions.

LEADER: **PAUL NELSON**
 Phone: 240-578-0887
 paul.d.nelson@outlook.com

WHERE & WHEN: CUMC CHURCH OFFICE CONFERENCE ROOM, SUNDAYS 9-9:45AM

ASBURY SUNDAY SCHOOL

Each lesson is self-contained and held in person and by Zoom. Studying the Bible and relevant topics week-to-week. Drop-ins are encouraged.

LEADER: **PAT AND DAVE HERBER**
 Phone: 301-473-4013
 dlherber@comcast.net

WHERE & WHEN: CUMC MEMORIAL ROOM, 2ND FLOOR, SUNDAYS 9-9:45AM

ADULT BIBLE STUDY & SUNDAY SCHOOL CONT'D

FRIENDLY CIRCLE CLASS

Welcomes men and women of all ages to share in the study of Scripture through the eyes of various writers and class members. There is time for sharing prayer concerns and singing of hymns. The Class supports Church and Community projects through giving of time and gifts.

LEADER: BONNIE STRINE
Phone: 301-606-8634
bellstrine@aol.com

WHERE & WHEN: CUMC FRIENDLY CIRCLE ROOM, 2ND FLOOR (BY PARLOR), SUNDAYS 9-9:45AM

THE FELLOWSHIP GROUP

Founded over 20 years ago, the purpose is to provide an opportunity for adults to fellowship with one another in a Christian setting. Actively participate and volunteer in Church activities as leaders or "worker bees". Any adult is welcome. There is no formal curriculum.

LEADER: BETH AND FRANK STRAKONSKY
Phone: 240-285-6665
beth.strakonsky@gmail.com

WHERE & WHEN: CUMC JOHN WESLEY ROOM, SUNDAYS 9-9:45AM

GRATEFUL HEARTS

Provide a Sunday School Class for developmentally or physically impaired adults from the Frederick Community. Safe sanctuary rules apply as it does for children and youth classes. Assistance needed for drivers and second adult for pick-up and drop-off at individual homes, class aides to assist teacher Paulette Shockey-Petrucci, and to help during coffee hour. They attend Sunday Church Service, enjoy coffee and donuts and are returned home.

LEADER: MARGIE WILDE
Phone: 301-524-5450
skywilde@comcast.net

WHERE & WHEN: BUS LEAVES CUMC AT 7:45AM. REACH CHURCH BY 8:45-9AM.
CLASS BEGINS AT 9AM. ATTEND 10AM SERVICE AND COFFEE.
BUS DEPARTS AT 11:30AM. RETURNS TO CHURCH BY 12:45PM

UNITED METHODIST YOUTH FELLOWSHIP (UMYF)

CALVARY YOUTH

Youth grades 6-12 enjoy special activities throughout the year. Includes weekend retreats, lock-ins, trips to local activities, mission trips, special services at Christmas and Youth Sunday in April. Youth support the Community by visiting nursing homes, Christmas caroling and serving food at shelters.

LEADER: JENN DUTHOY
Phone: 301-418-2003
calvaryyouth@calvaryumc.org

SHROVE TUESDAY PANCAKE DINNER

Youth plan and create a pancake dinner for the Congregation. Donations benefit many Youth Mission projects.

WHERE & WHEN: CUMC PARISH HALL, TUESDAY ANNUALLY, DATE TBD

YOUTH MISSION CENTRAL TRIP

Youth grades 6-12 travel to Mechanicsburg PA in support of our Mission work to prepare hygiene kits to aid in disaster relief and those in need.

WHERE & WHEN: BUS TRANSPORTATION TO MISSION CENTRAL, MECHANICSBURG PA, DATE TBD

YOUTH PROGRAMS

Open to all students grades 6-12. A time for games, discussion and worship. Parents can sign up to bring meals and attend.

WHERE & WHEN: CUMC PARISH HALL, SUNDAYS SEPT-MAY 5:30PM

CALVARY WEEKDAY SCHOOL

Recognized as one of Frederick County's finest Preschool programs for 3-4-year-old children and half-day Kindergarten, including special classes in music, media, Spanish, indoor and outdoor play areas. Security systems and cameras monitoring areas. State-approved curriculum. MSDE accredited teachers with degrees in Early Childhood Education. Strict COVID safety protocols and rigorous cleaning regimen.

LEADERS: PATTY LOCKARD, DIRECTOR OLIVIA WATKINS, A.A.
director@calvary.weekdayschool.com calvaryweekdayschool@calvaryweekdayschool.com

WHERE & WHEN: CUMC EDUCATION BUILDING, FOLLOWS SCHOOL YEAR PROTOCOLS, HALF-DAY CLASSES

CHILDREN'S MINISTRIES

Children grades K-6 are invited to participate in various Church activities throughout the year. Ranging from Sunday Service through Holidays and more, parents are invited to inquire and engage their children in the many opportunities.

LEADER: AMY STONE
 Phone: 240-357-4710
 amystone@calvaryumc.org

CHILDREN'S CHURCH

Children grades K-3 may join in the Chapel after *Time with Children* during the Sunday Church Service. Children are encouraged to listen to the Church Service while working quietly on a Children's Worship Bulletin, coloring, doing puzzles and other quiet activities.

Volunteers sign up at <https://www.signupgenius.com/go/10c0949acad2fabfbc61-childrens>

WHERE & WHEN: CUMC CHAPEL, AFTER SUNDAY 10AM SERVICE *TIME WITH CHILDREN*

CHILDREN'S SUNDAY SCHOOL

Bible learning, songs, crafts and games for children grades K-5. Fill out registration card on arrival. Or pre-register at <https://calvaryfrederick.church.com/goto/forms/responses/new>

WHERE & WHEN: CUMC EDUCATION BUILDING ACTIVITIES ROOM, SUNDAYS 9-9:45AM

VACATION BIBLE SCHOOL

Four days of singing, dancing, crafts, games, snacks and Bible learning. Children from grades K-6 are welcome. Every year features a unique theme carried out through the four days. Volunteers needed to lead sessions, be crew leaders, snack servers, and helpers.

WHERE & WHEN: CUMC CHURCH AND EDUCATION BUILDINGS, ANNUALLY EARLY JUNE 9AM-12PM

MISSION POSSIBLE

Children from grades K-5 help make a difference in the world by helping others through various projects.

WHERE & WHEN: CUMC EDUCATION BUILDING ACTIVITIES ROOM, SUNDAYS 5:30PM

LOVE BAGS

Children create and deliver bags of simple cheery items (notepads, pens, mints, lip balm, hand lotion, etc.) as an expression of love from the Congregation. Mission Possible children help collect items for the bags.

WHERE & WHEN: CUMC FEBRUARY 14TH ANNUALLY

CHILDREN'S MINISTRIES CONT'D

VEGGIE TALES MOVIE NIGHT

Children are invited to come join in on fun with pizza, crafts, puzzles and games while enjoying a Veggie Tales movie and discussion. They are encouraged to wear pajamas and bring a blanket.

WHERE & WHEN: CUMC, FRIDAY EVENING ONCE A MONTH 6-7:30PM, DATES TBD

TRUNK OR TREAT

Decorated car trunks, crafts, snacks and more. Children wear costumes and bring their Halloween candy bag for trunk treating.

WHERE & WHEN: CUMC PARKING LOT, OCTOBER ANNUALLY 4-6PM

CHRISTMAS PAGEANT WEEKEND

Beginning with the Kris Kringle Procession in downtown Frederick on Friday evening, dress rehearsal for CUMC Annual Christmas Pageant on Saturday morning, and ending with the Pageant on stage in Parish Hall Sunday, the entire weekend is devoted to the Nativity.

WHERE & WHEN: CUMC, ANNUALLY, DATES BASED ON CHRISTMAS WEEKEND

FAMILY EASTER CELEBRATION

Children join in the Easter Egg Hunt, games, crafts, snacks and a visit from Mrs. Bunny.

WHERE & WHEN: CUMC, ANNUALLY, DATE BASED ON EASTER

NURSERY FOR CHILDREN UNDER 3

Supervisors are trained in infant and child CPR and first aid. All are required to have a thorough background check. Teen assistants have childcare experience. Parents are required to check in and out of the Nursery. A private room for feeding and caring for children is available as are changing tables and a broad variety of appropriate children's toys. Parents are asked to refrain from bringing sick children to the nursery until fevers have been gone for 24 hours.

LEADER: CATHLEEN GOUGH
Phone: 301-338-1323
cathleengrough968@gmail.com

WHERE & WHEN: CUMC NURSERY ACROSS FROM PARISH HALL, SUNDAYS 9:30-11AM

MUSIC MINISTRY

Whether you like to sing, play bells or have other musical talents your active participation in one or more of these opportunities is always welcome.

LEADER: DR. ADELA PEEVA
Phone: 301-662-1464
adela@calvaryumc.org

CHOIRS

Make a joyful noise and participate to lead and support Congregational singing. No auditions or prerequisites.

WHERE & WHEN: CUMC SANCTUARY, SUNDAY SERVICE 10AM AND CHRISTMAS DATES
SANCTUARY CHOIR REHEARSALS IN CUMC CHOIR ROOM, TUESDAYS 7:30-9:00PM
CHILDREN'S CHOIR REHEARSALS IN CUMC SANCTUARY, SUNDAYS, 11:15-11:45AM

JOYFUL NOISE HANDBELLS

Handbell ensemble. Looking for enthusiasts of all skill levels. No prior experience needed.

WHERE & WHEN: CUMC SANCTUARY, SUNDAY SERVICE 10AM AND CHRISTMAS DATES
REHEARSALS CUMC HANDBELL ROOM, TUESDAYS 6:30-7:15PM

PEAL BELLS

Unique set of Peal Bells are rung every Sunday morning before Church Service. No training necessary to read musical notes. Training sessions taught by Peal Bells Master Ringers from Washington National Cathedral.

WHERE & WHEN: CUMC PEAL BELL ROOM OFF HANDBELL ROOM 2ND FLOOR, SUNDAYS 9:45-9:55AM

AGAPE GUITAR ENSEMBLE

Contemporary guitar, bass and percussion ensemble that performs during the Sunday Church Service.

LEADER: ROB SUMMERS
Phone: 301-846-4709
rjsum@comcast.net

WHERE & WHEN: CUMC SANCTUARY, BI-MONTHLY SUNDAY SERVICE 10AM
REHEARSALS TUESDAYS 5:45PM AS NEEDED

CALVARY COMMUNITY CONCERT SERIES

Professional musicians perform in the Sanctuary on selected Sunday afternoons. Volunteers can help with handing out programs, directing guests to seating and restrooms and post-performance clean-up.

LEADER: JOYCE SUMMERS
Phone: 301-846-4709
risum@comcast.net

WHERE & WHEN: CUMC SANCTUARY, DATES AND TIMES TBD

VISITATION VOLUNTEERS

A new group that is under development currently. Watch for more details as plans become concrete.

WE CARE MINISTRY

Plans, prepares, and serves receptions and/or luncheons following a Funeral or Memorial Service. This includes people who bake and prepare dishes ahead of time as well as people who set up, serve and clean up the day of the Service. On call as needed.

LEADERS: BONNIE STRINE
Phone: 301-606-8634
bellstrine@aol.com

JANE SOWERS
Phone: 301-624-4048
jsowers@fred.net

WHERE & WHEN: NO FORMAL MEETINGS, ON CALL AS NEEDED, SERVING IN PARISH HALL

GARDEN CLUB

Help plant annual flowers along the front of the Church, sign up to help water, dead-head and weed during the spring and summer.

LEADER: HELEN SHEPPARD
Phone: 301-898-3464
brucehelenshep@msn.com

WHERE & WHEN: CUMC FRONT YARD AREA, ANNUALLY

KITCHEN COMMITTEE

Help go through the Church kitchen regularly to clean, discard outdated items and keep area organized.

LEADER: HELEN SHEPPARD
Phone: 301-898-3464
brucehelenshep@msn.com

BONNIE STRINE
Phone: 301-606-8634
bellstrine@aol.com

WHERE & WHEN: CUMC PARISH HALL KITCHEN, MONTHLY, DATE AND TIME TBD

MISSIONS AND OUTREACH

MISSION AND OUTREACH TEAM

"Heart and Hands in Service," the Mission and Outreach Team establishes goals, projects and budgets for mission and outreach projects throughout the year. Helping local Frederick community, statewide, nationally and internationally to have a better quality of life. The Team also encourages participation in trips outside Frederick County to complete recovery or rehab work for those in need.

LEADERS: PAT HERBER
Phone: 301-401-0522
pkherber@gmail.com

WHERE & WHEN: CUMC JOHN WESLEY ROOM, MEETING AS NEEDED

BLESSINGS IN A BACKPACK

Led by the Youth, with help from adults and children, the Congregation is invited to pack food for distribution to Frederick County Public Schools students in need. The county chapter serves over 4,000 children, providing nutritious food on weekends when they are out of school. Packing event occurs twice annually.

LEADER: JENN DUTHOY
Phone: 301-418-2003
calvaryyouth@calvaryumc.org

WHERE & WHEN: CUMC EDUCATION BUILDING, TWICE ANNUALLY, DATES TBD

SLEEP IN HEAVENLY PEACE (SHP)

Annually CUMC members help build beds for children in Frederick County who do not have their own beds, and lend financial support to purchase mattresses, pillows, linens and collect donated quilts. Weekly a team of CUMC members help deliver beds so those children can finally "Sleep in Heavenly Peace."

LEADER: PAT HERBER
Phone: 301-676-2098
pkherber@gmail.com

WHERE & WHEN: BED BUILD AT A FACILITY IN BUCKEYSTOWN MD, DATES TBD
BED DELIVERY TEAM MEETS AT CUMC WEEKLY FOR DELIVERIES

STUDENT HOMELESSNESS INITIATIVE PARTNERSHIP HYGIENE DRIVE (SHIP)

Annually CUMC collects and delivers hygiene items for homeless teens (mouthwash, toothpaste, shampoo, toothbrushes, soap, etc.) as well as gift cards.

LEADER: PAUL NELSON
Phone: 240-578-0887
Paul.d.nelson@outlook.com

WHERE & WHEN: CUMC GATHERING POINT, DECEMBER ANNUALLY

MISSIONS AND OUTREACH CONT'D

MISSION CENTRAL TRIP

Adult group travels to Mission Central in Mechanicsburg PA to assemble items needed to be sent overseas meeting medical and other hygienic needs.

LEADER: BETH STITELY
Autumn.purple@hotmail.com

WHERE & WHEN: BUS TRANSPORTATION PROVIDED TO MISSION CENTRAL IN MECHANICSBURG PA, DATES TBD

RED CROSS BLOOD DRIVE

Hosting several Red Cross Blood Drives throughout the year. Friends and family as well as walk-ins welcome. 100 units of blood can impact up to 300 lives.

LEADER: REV. DR. STEVE LARSEN
Phone: 301-848-8216
revsteve@calvaryumc.org

WHERE & WHEN: CUMC PARISH HALL, WEDNESDAY 8:30AM-7PM FIVE TIMES ANNUALLY

FOOD WHEELBARROW

Donations to the Food Bank take place in the wheelbarrow located right outside Parish Hall entrance. Currently requesting pasta, pasta sauce, rice, instant potatoes, canned meats, mac' n cheese, peanut butter and hygiene products.

LEADER: ROY AND JULIE SCHWARZENBERG
Rws6148@aol.com jds6148@aol.com

WHERE & WHEN: CUMC DROPOFF IN WHEELBARROW OUTSIDE PARISH HALL, WEEKLY

UNITED METHODIST MEN (UMM)

Provides men of the Church an opportunity to gather, provide support to each other, service to the Church and to the Frederick Community. Activities and services include ushering during Sunday Church Service, Churchyard mowing, fall grounds cleanup, driving the Church bus to transport Grateful Hearts class and leadership through other Church Ministries (Trustee and Finance committees, etc.).

LEADER: BOB JACOBS
Phone: 301-662-1464
bobjacobs@calvaryumc.org

WHERE & WHEN: CUMC PARISH HALL, 2ND SATURDAY MONTHLY 7:30AM

UNITED WOMEN IN FAITH (UWF)

EXECUTIVE COMMITTEE

Plan, promote and perform programs for the Parish. Develop a creative, supportive fellowship and expand concepts of mission through participation in the global ministries of the Church with emphasis on the well-being of women and children.

LEADER: JANE SOWERS
Phone: 301-624-4048
jsowers@fred.net

WHERE & WHEN: CUMC LIBRARY, 1ST TUESDAY MONTHLY 1:30PM

ANNUAL YARD SALE

A major fund raiser for UWF and their mission projects and benefiting the Frederick Community. Held annually, accepting donations beginning May 1st.

LEADERS: MARY CRUM Phone: 301-695-9109
crum.mary.k@gmail.com
HELEN SHEPPARD Phone: 301-898-3464
brucehelenshep@msn.com

WHERE & WHEN: CUMC PARISH HALL, ANNUALLY 2ND SATURDAY IN JUNE 7AM – 1PM

ADVENT TEA

A gathering of women from the Parish and their invited guests to savor fellowship, sing Christmas carols, enjoy a live performance about Advent and the joy of the coming of Jesus and be served a delightful tea by the Methodist men.

LEADERS: MARY CRUM Phone: 301-695-9109
crum.mary.k@gmail.com
HELEN SHEPPARD Phone: 301-898-3464
brucehelenshep@msn.com
SUSAN BAGGETTE Phone: 703-606-8660
sbaggette@comcast.net

WHERE & WHEN: CUMC PARISH HALL, ANNUALLY 1ST OR 2ND SATURDAY IN DECEMBER 2PM

WORLD DAY OF PRAYER

Annual World Celebration Special Service sponsored each year by a different global Christian Community featuring prayers, letters from the sponsoring country, hymns and words of support for a better world, emphasizing the well-being of women, children and youth.

LEADER: HELEN SHEPPARD
Phone: 301-898-3464
brucehelenshep@msn.com

WHERE & WHEN: CUMC CHAPEL, ANNUALLY FRIDAY IN MARCH, DATE TBD

HOLIDAY BAZAAR

CRAFTERS GROUP

Put on your creative side and help make wreaths, ornaments, holiday decorations, fill gift baskets and help get ready for the Holiday Bazaar.

LEADERS: BECKY ISAACS
Phone: 301-662-2548
mikbeck@comcsat.net

FRAN HALLER
Phone: 301-785-5058
fehaller@outlook.com

WHERE & WHEN: CUMC EDUCATION BLDG. CRAFT ROOM
SEPT-OCT: MONDAYS 9:30AM-12PM, WEDNESDAYS 7-9PM

BAZAAR

Held annually the second Saturday in November, featuring handmade crafts, vendors, Silent Auction, live music, kid's crafts, White Elephant Room and luncheon. Always anticipated in the sale of CUMC's famous handmade cheeseballs. Volunteers needed in many capacities.

LEADER: BECKY ISAACS
Phone: 301-662-2548
mikbeck@comcsat.net

FRAN HALLER
Phone: 301-785-5058
fehaller@outlook.com

WHERE & WHEN: CUMC FIRST AND SECOND FLOORS, 2ND SATURDAY IN NOVEMBER 9AM-3PM

CANDLELIGHT TOUR OF HISTORIC HOUSES OF WORSHIP

This special open house celebrates Frederick's tradition of religious diversity, local history and the Holiday Season on the day after Christmas annually. The tour of several famous clustered spires, historic houses, Nativity scenes, and houses of worship by candlelight starting at the Information Center at 19 E. Church Street. Guests are welcomed at CUMC with special programs and live music in the Sanctuary. CUMC also serves hot soup and cookies in Parish Hall.

LEADER: DIANA PLOTNER
Phone: 240-357-1494
dianaplotner@fcchagerstown.org

WHERE & WHEN: CUMC SANCTUARY AND PARISH HALL, DECEMBER 26 ANNUALLY

CALVARY UNITED METHODIST CHURCH

131 West Second Street, Frederick, Maryland 21701
301-662-1464 or office@calvaryumc.org

www.calvaryumc.org

*Calvary United Methodist Church seeks and invites all to
become Disciples of Jesus Christ
for the transformation of our Community and our World.*

CHURCH STAFF

Rev. Dr. Steve Larsen, Lead Pastor
revsteve@calvaryumc.org or 301-848-8216

Rev. Ken Humbert, Visitation Pastor
revkenh@starpower.net

Dr. Adela Peeva, Director of Music Ministries
adela@calvaryumc.org

Jenn Duthoy, Director of Youth Ministries
calvaryyouth@calvaryumc.org

Amy Stone, Director of Children's Ministry
amystone@calvaryumc.org

Cathy Baker, Office Manager
cathybaker@calvaryumc.org

Bob Jacobs, Financial Secretary
bobjacobs@calvaryumc.org

Paul Metcalf, Custodian
paulmetcalf@calvaryumc.org

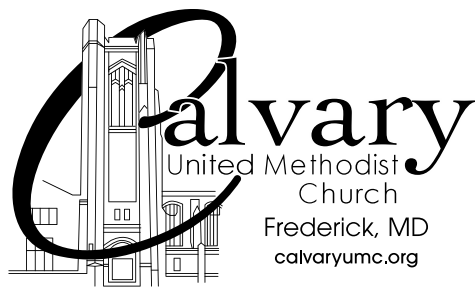
Joyce Summers, Pianist

CALVARY WEEKDAY SCHOOL

133 West Second Street, Frederick MD 21701
Phone: 301-662-6783
www.calvaryweekdayschool.com

Patricia Lockard, Director
director@calvaryweekdayschool.com

Olivia Watkins, Administrative Assistant
calvaryweekdayschool@calvaryweekdayschool.com



HEART AND HANDS IN SERVICE